

## Beneath the White Coat booking

This timely book offers a balanced and thoughtful review of the current mental health emergency and its impact upon and among medical professionals supported by the best available evidence and illustrated through real life cases. **Book Beneath the White coat** Recognising the increasing stressors in the role including the impact of the environment in which doctors work the book examines some of the key emotional drivers for this unhappiness among doctors at work - shame stigma suffering and sacrifice - and offers practical steps to emotional and physical recovery. **PDF Beneath the White coated** In reading this book policy makers politicians educators hospital managers will be reminded of the ethical duty to ensure that doctors are cared for and have access to the time people and spaces to remain psychological healthy while doctors will learn to recognize and seek actively the help that they need and to support and guide one another. **Book Beneath the White coat** It is unique because unlike other scholarly books on this subject lead editor Dr Clare Gerada Medical Director of the Practitioner Health Programme in London has rendered a warm embracing and humanistic touch to its substance and tone. **Book Beneath the White coat** "I was brought up to believe that medicine is an art underpinned by science" she writes in Chapter Three and this leitmotif including her frank personal revelations engage the reader throughout from the Preface to the end of the book. **Book Beneath the White coat** Dr Gerada and her talented team of contributors not only provide timely updates on the common themes of physician health and illness but also include new matters like autism in doctors Covid 19 and mental illness the challenges of migrant doctors fears and realities of regulatory investigation and the healing imperative of talking and psychotherapy. **Book Beneath the White coat** I recommend this book unreservedly to medical school deans and department heads student clerkship and residency training directors medical licensing officials corporate and government leaders general practitioners and mental health professionals who treat physicians and of course medical students physicians and their family members. **Beneath the White coat animal** Beneath the White Coat: Doctors Their Minds and Mental Health Found it to be really useful! Especially the section on autism in doctors : ) Beneath the White Coat: Doctors Their Minds and Mental Health Eye opening Beneath the White Coat: Doctors Their Minds and Mental Health



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